



Speaking | Retreats | Workshops

# Alan & Gem Fadling

➤➤➤ unhurriedliving

## Speaking Topics

- Unhurried Leadership
- Living from Overflow
- Spiritual Maturity
- Engaging the Process of Growth
- Overcoming Anxiety by Learning Unhurried Presence
- Engaging Sustainable Rhythms of Life

## About Us

Alan and Gem met in church almost 40 years ago. They have been dating and ministering together ever since.

Unhurried Living is the culmination of a lifetime of experience shepherding, training, and guiding others to a deeper connection with God and more fruitful relationships and work.

Alan and Gem love nature (especially the beach) and search for goodness, beauty and truth wherever they go.

## Retreat Formats

A day retreat or workshop with us would include:

- Opening scripture and prayer
- Interactive teaching on unhurried themes
- Mentored solitude
- Large group and small group interaction
- Q&R

## Contact Us

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Voices to Connect

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## Living an Unhurried Life

We inspire Christian leaders around the world to rest deeper so they can live fuller and lead better. Many leaders are hurried, and hurry is costing them more than they realize. We provide resources and training to help people become more focused, less anxious and fruitfully productive.

# Alan Fadling



Alan (MDiv) writes and speaks as an expert in the challenge of hurry in contemporary life and work and how to overcome it. He consults and coaches leaders and their organizations in the U.S. and around the world helping them work towards long-term productivity that lasts rather than settling for quick fixes that don't.

## Solo Speaking Topics:

- Unhurried Leadership
- Spiritual Maturity
- Working with God



# Gem Fadling

Gem (CLC) is a Soul Care Coach who believes that living an unhurried life is possible and it begins with replenishing. We refill that which we pour out. Caring for ourselves, in relationship with God, leads to the beautiful fruit of greater peace, more presence and an enriched focus on our growing spiritual influence.

## Solo Speaking Topics:

- Managing Thoughts & Narratives
- Embracing Process & Growth
- Leading from Overflow



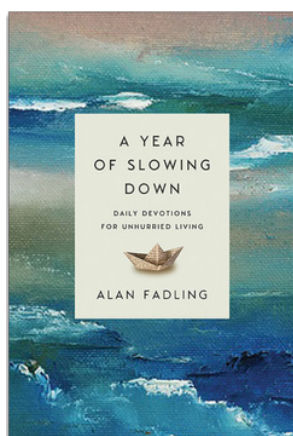
# Endorsements

**Alan** is clearly more than just a writer, theologian, or speaker. He is truly a practitioner equipping leaders to slow down to order their hearts and minds to be more thoughtful and effective. Alan, as a speaker and a facilitator on this topic, is not only one of the best, but he is an important pioneer in this area of getting our lives into a Christ-like rhythm of rest and kingdom impact. (Jeff Spadafora, Halftime Institute)

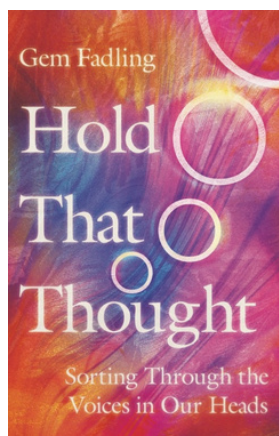
**Gem** is the perfect guide for weary souls seeking refreshment with the Lord. Her welcoming, cheerful, and gentle presence helps us to put our guards down and feel safe. She also has a wealth of experience to share from her own journey with God that helps newbies or experienced Christians discern the movements of the Spirit. (Kate Kim, Spiritual Director)

Retreats with **Alan & Gem** Fadling have provided a sacred space to pull away and step into a facilitated solitude of “unhurried” time to listen and reflect in God’s presence. I emerge with a refreshed soul, a gladness of heart, deeper love for the One who invites us to ever deeper intimacy, and often surprisingly – a clarity of vision for what I need to do next in providing leadership in my place of vocational calling. (Carol Taylor, President Emeritus, Evangel University)

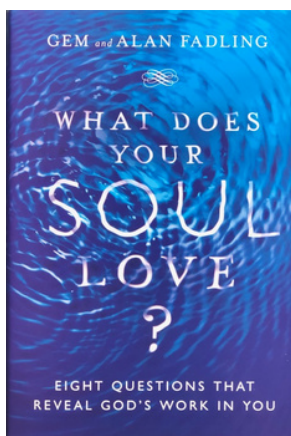
## Books



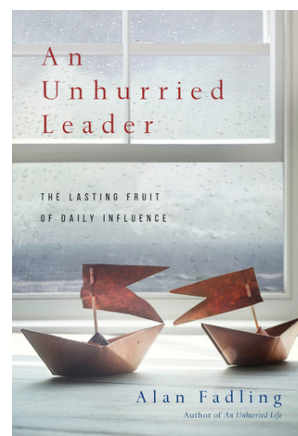
[A Year of Slowing Down](#)



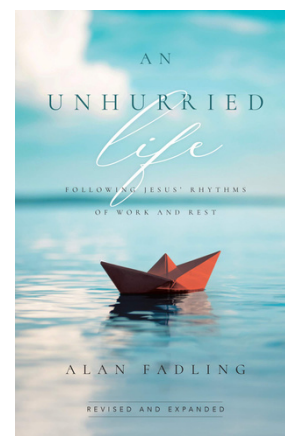
[Hold That Thought](#)



[What Does Your Soul Love?](#)



[An Unhurried Leader](#)



[An Unhurried Life](#)